

You may nutrition counseling covered through insurance

MANY PATIENTS HAVE UNLIMITED,
FREE VISITS

Many commercial insurance plans cover unlimited nutrition appointments at 100% (no co-pay, no deductible). Check with your plan to find out what benefits are available to you.

QUESTIONS TO ASK

Is nutrition counseling a covered benefit?

Is Sarah Rae (NPI:1790100030) an in-network or a preferred provider with my insurance plan?

If out-of-network, what are my out-of-network benefits?

Is Z71.3 (dietary counseling and surveillance) covered, or what specific diagnosis is required?

Do I need a referral from my doctor?

How many hours or visits are covered per year for the following billing codes:

Initial Visit CPT Code 97802: _____

Follow-up Visits CPT Code 97803: _____

Is there a copayment for any of these codes?

Do these appointments apply toward my deductible?

Are there any restrictions in place?

Write down the date and reference number for your call.